

Programme Open Belgian Championships Swimming (ANTWERP * 12-13-14/05/2017)

Friday 12/05/2017				Saturday 13/05/2017				Sunday 14/05/2017			
Heats	09h00	(warm-up > 07h30 - 08h45)		Heats	09h00	(warm-up > 07h30 - 08h45)		Heats	09h00	(warm-up > 07h30 - 08h45)	
C1	200m	Backstroke	Women	C16	100m	Breaststroke	Women	C30	100m	Free Style	Women
C2	200m	Free Style	Men	C17	100m	Breaststroke	Men	C31	100m	Free Style	Men
C3	800m (#)	Free Style	Women	C18	200m	Butterfly	Women	C32	200m	Breaststroke	Women
C4	400m	Medley	Men	C19	200m	Butterfly	Men	C33	200m	Breaststroke	Men
C5	50m	Butterfly	Women	C20	50m	Free Style	Women	C34	50m	Backstroke	Women
C6	50m	Butterfly	Men	C21	50m	Free Style	Men	C35	50m	Backstroke	Men
C7	50m	Breaststroke	Women	C22	100m	Backstroke	Women	C36	800m (#)	Free Style	Men
C8	50m	Breaststroke	Men	C23	100m	Backstroke	Men	C37	100m	Butterfly	Women
C9	200m	Free Style	Women	C24	400m	Free Style	Women	C38	100m	Butterfly	Men
C10	200m	Backstroke	Men	C25	400m	Free Style	Men	C39	1500m(#)	Free Style	Women
C11	400m	Medley	Women	C26	200m	Medley	Women	C40	4x100m	Free Style	Mixed
C12	1500m (#)	Free Style	Men	C27	200m	Medley	Men	PODIUM C40			800m & 1500m (#) => from 9th - 16th entry time
C13	4x100m	Medley	Mixed	5000m Free Style Mixed							
PODIUM C13				Break				Break			
800m & 1500m (#) => from 9th - 16th entry time				Finals (*) 16h00 (warm-up > 14h30 - 15h45)				Finals (*) 16h00 (warm-up > 14h30 - 15h45)			
Break				400m	Free Style	Girls 11y		400m	Free Style	Boys 12y	
				400m	Free Style	Boys 13y		400m	Free Style	Girls 13y	
				400m	Free Style	Girls 12y		400m	Free Style	Boys 14y	
				200m	Ind. Medley	Boys 12y		200m	Ind. Medley	Girls 11y	
				200m	Ind. Medley	Girls 13y		200m	Ind. Medley	Boys 13y	
				200m	Ind. Medley	Boys 14y		200m	Ind. Medley	Girls 12y	
Finals (*) 16h00 (warm-up > 14h30 - 15h45)				F15 (O&J) 100m	Breaststroke	Women		F29 (O&J) 100m	Free Style	Women	
F1 (O&J) 200m	Backstroke	Women		F16 (O&J) 100m	Breaststroke	Men		F30 (O&J) 100m	Free Style	Men	
F2 (O&J) 200m	Free Style	Men		F17 (O&J) 200m	Butterfly	Women		F31 (O&J) 200m	Breaststroke	Women	
F3 800m (*)	Free Style	Women		F18 (O&J) 200m	Butterfly	Men		F32 (O&J) 200m	Breaststroke	Men	
F4 400m	Medley	Men		PODIUM F15-F17			PODIUM F29-F31				
PODIUM F1-F3				F19 (O&J) 50m	Free Style	Women		F33 (O&J) 50m	Backstroke	Women	
F5 (O&J) 50m	Butterfly	Women		F20 (O&J) 50m	Free Style	Men		F34 (O&J) 50m	Backstroke	Men	
F6 (O&J) 50m	Butterfly	Men		F21 (O&J) 100m	Backstroke	Women		F35 800m (*)	Free Style	Men	
F7 (O&J) 50m	Breaststroke	Women		F22 (O&J) 100m	Backstroke	Men		PODIUM F32-F34			
F8 (O&J) 50m	Breaststroke	Men		PODIUM F18-F21			F36 (O&J) 100m	Butterfly	Women		
PODIUM F4-F7				F23 400m	Free Style	Women		F37 (O&J) 100m	Butterfly	Men	
F9 (O&J) 200m	Free Style	Women		F24 400m	Free Style	Men		F38 1500m(*)	Free Style	Women	
F10 (O&J) 200m	Backstroke	Men		F25 (O&J) 200m	Medley	Women		PODIUM F35-F38			
F11 400m	Medley	Women		F26 (O&J) 200m	Medley	Men		C41 4 x 100m	Medley	Men	
F12 1500m(*)	Free Style	Men		PODIUM F22-F26			C42 4 x 100m	Medley	Women		
C14 4 x 100m	Free Style	Women		C28 4 x 200m	Free Style	Women		PODIUM C41-C42			
C15 4 x 100m	Free Style	Men		C29 4 x 200m	Free Style	Men					
PODIUM C14-C15				PODIUM C28-29				800m & 1500m (*) = 1st - 8th entry time			
800m & 1500m (*) = 1st - 8th entry time											



(*) **FINALS OPEN** Best 8 times of ALL age categories (with max. 2 foreign athletes)
YOUTH/JEU Best 8 times of YOUTH category (Boys 18y & younger / Girls 17y & younger, which are not swimming the OPEN final / with max. 2 foreign athl.)
 The "OPEN" final is always swum before the "YOUTH" final. La finale "OPEN" sera toujours nagé avant la finale "JEU". De finale "OPEN" wordt steeds eerst gezwommen.

Event Limit Times Open Belgian Championships Swimming (ANTWERP * 12-13-14/05/2017)

		Women	Men
50m	Free	0.28.80	0.25.90
100m	Free	1.02.40	0.56.80
200m	Free	2.15.40	2.04.40
400m	Free	4.46.20	4.25.20
800m	Free	9.47.90	9.13.70
1500m	Free	18.52.70	17.33.30
50m	Backstroke	0.33.10	0.29.50
100m	Backstroke	1.11.20	1.03.50
200m	Backstroke	2.33.20	2.19.90
50m	Breaststroke	0.36.70	0.32.60
100m	Breaststroke	1.19.50	1.11.70
200m	Breaststroke	2.51.80	2.37.50
50m	Butterfly	0.30.90	0.27.70
100m	Butterfly	1.08.50	1.01.40
200m	Butterfly	2.34.40	2.18.80
200m	Ind Medley	2.35.20	2.19.60
400m	Ind Medley	5.30.00	5.00.00
4x100m	Free	no limit	no limit
4x200m	Free	no limit	no limit
4x100m	Medley	no limit	no limit

**No limit on the number of entries of relay teams per club!
But only 1 relay team per club
for the podium and for the championships points!**

De limiettijden moeten op de dag van de competitie gezwommen worden. Elke overschrijding van de limiettijd zal beboet worden.

Les temps limites doivent être réalisés le jour même de la compétition. Chaque dépassement de temps limite sera pénalisé d'une amende.

The event limit times must be achieved on the day of the competition. Any exceeding of the event limit time will be fined.

